



**Obesity Prevention Task Force**

**Date:** 12-2-11

**Recorder:** Lynn

**Members Present:** Dora Bopp, Eric Turner, Kathy Janz, Shawn Loy, Edie Nebel, Lynn Fisher, Jane O’Leary, Kierstan Peck, Josh Riffel, Erin Rugg

<b>Agenda Topic</b>	<b>Discussion</b>	<b>Decision/People Following Up</b>
<p><b>Introductions &amp; Agency Updates</b></p>	<p>-Lynn reported that the task force was not represented at the November Wellness Expo after all, due to extenuating circumstances for Lynn, Eric, and Shawn. We anticipate we can participate in the Spring Wellness Expo in 2012.</p> <p>-The group discussed the WCRF decision to not award our grant application. Members requested that Lynn contact Jim Logan to learn what areas of our application were weak. Several members of the task force expressed interest in resubmitting the grant application in the Spring of 2012.</p> <p>-Edie reported she attended the City Comprehensive Planning Steering Committee meeting in</p>	<p>Lynn will contact Jim Logan at Washington County Riverboat Foundation.</p> <p>You can visit the website: <a href="#">Wash Comp Plan Mtg2 11-17-11</a> to view more information from the latest Comprehensive Planning Steering Committee meeting.</p>

November. The committee listened to a presentation by Gary Lozano from RDG Planning & Design.

-Lynn and Edie reported that Washington County Health Department has received a 5-year Community Transformation Grant. The grant is aimed at community activities to decrease smoking, enhance Workplace Wellness, decrease chronic diseases related to obesity and other topics yet to be determined. Edie and Chrystal will be travelling to Des Moines next week to learn the full scope of the grant. We anticipate that the task force's Workplace Wellness initiative should fit within the scope of the grant.

- Lynn reported the task force has received a request from the Mid-Prairie School District to provide guest speakers/presenters regarding obesity prevention for their Health Education topics.

-Lynn reported that as we had not received a response from the Steele Foundation, Chrystal re-contacted the Steele Foundation. The contact person had not received our Letter of Interest, so we have resubmitted the Letter of Interest.

Edie will report back to the task force in January regarding how the Community Transformation Grant will interface with the task force's goals and initiatives.

Contact Lynn if you would like to make a presentation to junior high or high school students.

	<p>-Jane O’Leary reported that Ainsworth Elementary is moving forward with the garden project, without funding. They have a parent that is very involved and has helped remove dead plant material from the garden space. They plan to plant corn to harvest for popcorn.</p>	
<p><b>Safe Routes to School</b></p>	<p>The Kalona SRTS team received notification that if they reduce the grant application by approx. \$30,000, it will likely be funded. The Kalona team meets next week to reduce cost estimates.</p>	<p>Task force members can call Lynn to join one of the 2 new Safe Routes to School projects- either at Lincoln School or Wellman Elementary. There is an upcoming meeting at Lincoln School on 12/12/11 @ 3:30 PM.</p>
<p><b>Work Plan for 2012</b></p>	<p>The Work Plan is due to the Washington Healthy Community Coalition on January 24, 2012. The group reviewed the entire 2011 Work Plan document, from beginning to end. Additions and revisions were made to the plan, including adding activities that were conducted over the course of 2011. Members also reviewed the 5- year Health Improvement Plan. The group discussed the initiatives currently being worked on. Kathy and Josh expressed interest in conducting the VERB-It’s What You Do© Program again this summer.</p>	<p>See attached 2011 Work Plan for the updated document that incorporates additions/revisions.</p> <p>The group decided to focus on 6 initiatives for 2012 – to continue with the 4 initiatives currently being worked on and to add <i>VERB</i> and <i>Sustaining the Taskforce</i>:</p> <ol style="list-style-type: none"> <li>1. Workplace Wellness</li> <li>2. Student Led Gardens</li> <li>3. Healthiest State</li> <li>4. Safe Routes to School</li> <li>5. <i>VERB</i></li> <li>6. <i>Sustaining the Task force</i></li> </ol>

		<p>The group developed the first strategy for the 2012 Work plan: <b>By December 31, 2012, Washington County will sustain a collaborative initiative that addresses obesity prevention in Washington County.</b> The group also identified <b>5 activities</b> for this strategy: 1. Define the focus of task force activity 2. Broaden and sustain the membership base 3. Conduct monthly meetings 4. Utilize joint planning to create an annual Work Plan 5. Review the Work Plan semiannually</p>
<b>Next Meeting</b>	January 6, 2012 at 12:30 PM	