



**Obesity Prevention Task Force**

**Date:** 1-6-12

**Recorder:** Kathy Janz

**Members Present:** Erin Rugg, Edie Nebel, Kathy Janz, Melissa Adams, Eric Turner, Lynn Fisher

<b>Agenda Topic</b>	<b>Discussion</b>	<b>Decision/People Following Up</b>
<p>Agency Updates &amp; Introductions</p>	<p>-Melissa Adams introduced herself to the task force members. Melissa is a Coalition Liaison with Heritage Area Agency on Aging.            -Lynn provided a summary of remarks from Jim Logan with the WCRF, regarding our grant application. In summary, the grant narrative/summary was too long/not concise enough, "matching" funds from Washington Co. Public Health were absent, Letters of Support from the School superintendants would have added strength, the Highland School Board resolution was absent, &amp; personnel expenses should not have been included in the budget.</p>	<p>Welcome, Melissa!</p> <p>Jim Logan offered to review a draft version of any future application for us.</p>

Standing Reports

- Safe Routes to School – Kalona has been notified they will most likely receive an award. Progress continues with the Lincoln Elementary and Wellman Elementary teams. The Teacher Tally has been completed at each school.
- Comprehensive Planning- Edie reported the committee broke into groups and worked on action plans for several major “categories” of community planning, such as land use & economic development.

- Workplace Wellness-Eric gave a presentation to the Wellman Rotary regarding the Obesity Prevention Task Force and Lunch ‘n Learns. One business signed up for a Lunch ‘n Learn. Edie reported that the Health Department is advertising for a Grant Assistant, who would help with Workplace Wellness initiatives.
- Healthiest State Initiative- Erin & Edie discussed

Any task force member interested in joining either the Wellman Elementary team or the Lincoln Elementary team, contact Lynn Fisher!

Here is the link to the comprehensive planning site: <http://www.rdgusa.com/crp/washington/>

Decided to “hold” on the Lunch ‘n Learns until we decide if this is the direction we should go.

	<p>promoting Live Healthy Iowa, which begins 1/23/12, the Facebook page, and advertising future physical activity events.</p> <ul style="list-style-type: none"> <li>• School gardens-Lynn advised the group that we have learned that the Community Transformation Grant will <b>not</b> fund school garden projects. However, Kathy Janz introduced a new funding opportunity. She is aware of a \$50,000 grant, that she would be willing to write for, that would involve the school gardens. It is through the University of Iowa Institute for Clinical and Translational Science. Grant decisions will be made by June, 2012.</li> </ul>	<p>Kathy volunteered to write the Letter of Intent for the grant for the School Garden project. It is due 1/17/12.</p>
<p><b>Annual Work Plan</b></p>	<p>For the remaining 45 minutes, we worked on the annual work plan.</p>	<p>See attached work plan, which includes additions from today's meeting. Lynn, Eric, Erin and Edie (subcommittee chairs) will make further additions and revisions and will send out a <i>draft</i> final version on approx. 1/24 /11.</p>

## **Next meeting**

Next meeting will be February 3<sup>rd</sup> at 12:30 PM at the Federation Bank building. We will break into our subcommittees and work on our projects:

- Workplace Wellness
- School gardens
- Healthiest State Initiative
- VERB

