



## Obesity Prevention Task Force

Date: 2-3-12

Recorder: Kathy Janz

Members Present: Jenna Grout, Kathy Janz, Shawn Loy, guest from Highland High School- Mariah Frail, Edie Nebel, Kierstan Peck, Greg Wertz, Shirley Pfeifer, Ben Stanton, Eric Turner, Michelle Peiffer, Lynn Fisher,

<b>Agenda Topic</b>	<b>Discussion</b>	<b>Decision/People Following Up</b>
<p><b>Introductions &amp; Agency Update</b></p>	<p>Shawn introduced her guest, a student from Highland High School, Mariah Frail</p> <p>Mariah described the project that she and 3 others have introduced at Highland High School. They are collecting used shoes for the poor/need. The used shoes that they have collected will be distributed to the poor in countries all over the world and in the U.S. So far, they have collected approx. 900 pairs of shoes and \$300 in donations! An idea was brought forward to have walkers bring a pair of shoes with them to the inaugural "Walk Around the Square" walk on 3/30/12.</p>	
<p><b>Soles4Souls project</b></p>		<p>The task force members are in favor of cooperating with the Highland students. It was decided to have walkers bring a pair of used shoes with them to the "Walk Around the Square" event on 3/30/12. The "Walk Around the Square" monthly walking event could be expanded to include the entire county. The Healthiest State subcommittee will meet with the Highland students to coordinate the date, locations, press, etc.</p>

	<p>Discussed that the press should be invited. Discussed that we should include this project on the task force's Facebook page.</p> <p>Eric &amp; Ben discussed future Workplace Wellness initiatives, in relation to the Community Transformation Grant. Once the CTG work plan is approved, three companies will be approached regarding conducting a Workplace Wellness program. Brainstormed regarding the 3 companies that could be approached. Greg Wertz expressed interest in having Optima possibly be involved. The Corridor Health Summit will be covering Workplace Wellness topics and is being held Feb. 10<sup>th</sup></p>	
<p><b>Workplace Wellness</b></p>		<p>Will wait for Iowa Dept. of Public Health to approve the work plan, and then begin to move forward.</p> <p>Eddie, Ben, Erin, and Anne Lamansky have registered for the Corridor Health Summit, being held on Feb. 10<sup>th</sup> in Cedar Rapids.</p>
<p><b>Safe Routes to School</b></p>	<p>Lynn updated the task force on progress of both SRTS projects. At Wellman, the Teacher Tally will be 3/26- 3/28. The walkability assessment will be 4/11 in Wellman. Response to the Parent Online Survey at Lincoln has been slow, with only 12 responses. So, we will change to a paper/pencil format soon. We will also interview the school staff to learn of traffic/walking concerns.</p>	<p>Task force members can call Lynn to join one of the Safe Routes to School projects. There is an upcoming walking assessment with Wellman Elementary on 4/11/12 from 11 AM- 4 PM. Paper versions of the Online Parent Survey will be sent home to Lincoln parents in a few weeks.</p>

<p><b>Healthiest State Initiative</b></p>	<p>Eddie noted that the First Lady will be in Des Moines on Thursday, 2/9/12 to celebrate the Let's Move initiative and the organizers are looking for 400 volunteers from 7 AM- 1 PM. This would be an opportunity for the subcommittee. Greg Woller has expressed interest in going, along with other volunteers. Greg Wertz expressed interest- Eddie will send him the email. Also, the subcommittee is working on a calendar featuring 2012 organized physical activities or events to place on Facebook. JET Physical Therapy is offering free membership to a fitness center in a contest to "like" their Facebook page.</p>	<p>Send your information and announcements regarding organized physical activities/events to Kierstan Peck, Erin Rugg, or Edie Nebel to be included on Facebook.</p>
<p><b>School Led Garden</b></p>	<p>We have submitted a Letter of Intent to the Institute for Clinical and Translational Science at the Univ of Iowa. We are waiting for their response &amp; invitation to submit a full grant application. Once we receive funding, we will need to move quickly to start the project.</p>	
<p><b>VERB Summer Scorecard</b></p>	<p>VERB will be offered this summer. A new subcommittee will be forming and volunteers are needed! So far, Kathy, Josh, Tasha, and Lynn are members of the team.</p>	<p>Lynn will email a "call for volunteers" in late March or early April.</p>

<p><b>City Comprehensive Planning</b></p>	<p>Eddie informed the group about the Washington Comprehensive Plan Open House and Input Meeting on 2/9/12 from 5:30- 7 PM. The concepts &amp; goals regarding the city's comprehensive plan will be open for public input.</p>	<p>Try to attend the public meeting and advocate for city goals that will impact physical activity, including parks and pedestrian and bicycle transportation.</p>
<p><b>Next Meeting</b></p>	<p>March 2, 2012 at 12:30 PM.</p>	