



Obesity Prevention Task Force

Date: 11-4-11

Recorder: Silvia Cuevas

Members Present: Greg Woller, Jane Davis, Eric Turner, Erin Rugg, Kierstan Peck, Kathy Janz, Jen Braun, Shirley Pfeifer, Shawn Loy, Chris Grier, Lynn Fisher, Lynn Fisher, Silvia Cuevas

Agenda Topic	Discussion	Decision/People Following Up
Introductions & Agency Update	Shawn Loy invited everyone from the Task Force to a meeting at Highland High School. The meeting will have a special speaker, Jim Jilinski, who will speak about anti-bullying. The meeting will be on 11/30 @ 6:30	
Safe Routes to School	The SRTS grant was submitted for Kalona Elementary on October 1, 2011 for \$196,780.00. Lynn invited the task force members to join in the Safe Routes to School projects for Wellman and Lincoln Elementary Schools.	Task force members can call Lynn to join one of the 2 new Safe Routes to School projects There is an upcoming meeting with Lincoln Elementary on 11/21/11 @ 3:30 PM.
Wellman Expo	The Obesity Task Force was invited to display a booth with information about what we do. The Expo is on 11/18/11 from 5:30-	Equipment will be provided by members of the task force. Shawn & Kathy will supply BMI measuring tools for adults and children, as well as a laptop to display a power point presentation;

	<p>8:30. The theme is “Healthy Fun for the Entire Family.” The task force had many great ideas as to what should be displayed. We decided on blood pressure checks for adults, BMI readings for adults and children, Guess your heartbeat for children, and stethoscopes so they can listen to their heartbeat.</p>	<p>WCPH will provide a stethoscope and the 3-panel display; Greg will secure a scale on site at the Y; Jen will try to obtain the sugar content in food display.</p> <p>Eric, Shawn, and Lynn have volunteered to be at the Expo, but more are welcome and needed.</p>
<p>Obesity Prevention Task Force Name</p>	<p>Lynn and Kierstan recently attended a conference that suggested not having the word “Obesity” in a task force name because of the stigma it carries. Some people might think they are not obese and therefore conclude that the Obesity Prevention Task Force projects do not apply to them. Discussed the pros and cons of changing the name.</p>	<p>The task force members voted to keep the name the same.</p>
<p>City Council Presentation/ Liaison To Comprehensive Planning Steering Committee</p>	<p>The presentation to the Washington City Council on Oct. 19th went very well. A panel of 5 task force members presented on activities of the task force. The City Council has created a Comprehensive Plan steering committee that consists of many stakeholders throughout the county. They have saved a seat for a member of the Task Force to participate in the steering committee.</p>	<p>It was noted that the Mayor invited Edie to join the steering committee and Edie has also volunteered for the task. It was decided that Edie will represent the Task Force at the Comprehensive Planning Steering Committee meetings and Kierstan will serve as a back-up in case Edie cannot attend.</p>

<p>Work Plan due to the Washington Healthy Community Coalition In January 2012.</p>	<p>The 2012 work plan needs to be submitted to the Washington County Healthy Community Coalition steering committee in Jan. 2012.</p>	<p>The task force will work on the work plan at the December meeting. The Task Force will review the original 5- year Health Improvement Plan to determine what goals are to be kept and what goals should be omitted in the new plan for the year. Additional meetings in December may be needed.</p>
<p>Subcommittees</p>	<p>The subcommittees met for approx. 10 minutes.</p>	<p><u>Workplace Wellness</u>: All Lunch ‘N Learns are now postponed until we can make community presentations at the service clubs in each of the communities. This should garner more interest. <u>Student-Led Gardens</u>: Ainsworth has selected their curriculum: Junior Master Gardener. Lynn is doing further research on curricula for Lincoln staff. Both schools are interested in teacher training prior to beginning actual gardening. <u>Healthiest State</u>: We will be participating in the Jingle Bell Run. Visit YouTube and view the Blue Zone Road Show highlights: http://www.youtube.com/watch?v=ijYqxvo59KM&feature=youtu.be Or view the Road Show presentation: http://www.youtube.com/watch?v=PnTz-HIjzkg&feature=youtu.be</p>
<p>Next Meeting</p>	<p>December 2, 2011 at 12:30 PM</p>	