



Obesity Prevention Task Force

Date: 8-5-11

Recorder: Jen Braun

Members Present: Brandice Armstrong, Tasha Beghtol, Jenny Braun, Kathy Janz, Anne Lamansky, Edie Nebel, Jane O’Leary, Eric Turner, Chrystal Woller, Bev Colbert, Shirley Pfeifer, Kay Ciha, Dora Bopp, Millie Youngquist

Agenda Topic	Discussion	Decision/People Following Up
Agency Updates	VERB (Kathy) -Slow start in Washington but participation picked up -On August 14 th at the pool in Washington from 2-3:30 there will be a wrap-up event: splash ‘n slide, prizes, healthy snacks, free access to pool	
Student-Led Garden Project	1. Discussed the outcome of the school/admin meeting that was conducted on 7/15. -Explained to school staff present the goals and objectives of the project -Decided on a greenhouse that is not heated and not run in the summer months (Jane elaborated on her ideas for highland and is considering summer growing activities. It was suggested that VERB participants may be a potential volunteer/activity	.

participation opportunity).

-Discussed additional funding sources
Discussion from the group continued and expanded on the report from the 7/15 meeting. The master gardeners offered their expertise on the ideas presented. It was discussed that if we were invited to write for the Wellmark Grant, we may need their assistance in assessing the school property to estimate size and location as well as a more precise cost for the budget to be submitted with the grant. The Highland school checked with their insurance company and it was noted that a standalone greenhouse would be covered under their current insurance plan in the event of damage to the structure.

2. Notified the group that public health submitted the Wellmark letter of interest before the Aug 2nd deadline. Kathy Janz mentioned that if we are invited to write for the grant that we should consider writing in laser height and digital scales into the budget submission for a more accurate BMI calculation. Also discussed the new “Blue Zone” initiative that Wellmark is sponsoring. If invited to write the full proposal, it was suggested that we adopt some of the blue-zone language into our application as that may be looked upon favorably by Wellmark. Chrystal also discussed the suggestion that we write for a Riverboat grant. The RFP is out and due 10/6/2011. Chrystal offered this opportunity to others sitting at the table to submit on behalf of this project instead of public health. It was suggested that GEODE may be a potential outside organization interested in submitting the Riverboat application on behalf of the coalition. The schools were discussed as an option as well. Public Health offered any of the narrative/stats that were used to date for the content of the RFP. Discussions will follow regarding these entities and an update will be provided at the next meeting.

3. BMI surveillance planning: Discussed the opportunity to begin

2. Will await notification from public health will continue discussions and submit a Riverboat RFP by

	<p>planning for a fall BMI screening opportunity. Discussed the importance of doing this surveillance one on one in a private location (i.e. nurses office). Jane discussed the need for a template letter of explanation of the surveillance activities for parents to use as needed.</p> <p>4. Chrystal distributed a draft of the student-led garden PowerPoint that Jen (MPH student) drafted for outreach/educational opportunities.</p>	<p>3. Public health will draft a for schools to use at will.</p> <p>4. Requested the group to submit suggestions for char lfisher@washph.com</p>
<p>Workplace Wellness Project</p>	<p>PowerPoint</p> <ul style="list-style-type: none"> -Reviewed and made changes -Discussed list of free/low cost physical activity ideas -Will add a slide about the free employee health screenings <p>Flyers</p> <ul style="list-style-type: none"> -Chose a flyer to be sent out for the lunch and learns <p>Locations for Lunch and Learns</p> <ul style="list-style-type: none"> -Parkside Wellman on Tues Oct 25 	<p>-We will look at community's chamber of commerce and ask community members to contribute to the list</p>

	<p>-Kalona Tues Nov 1 -Extension Office in Washington Thursday Nov 10 -Waiting to hear from Riverside</p>		
<p>Next Meeting</p>	<p>Friday, Sept. 2, 2011. Federation Bank Building, downtown Washington, 5th floor conference room.</p>		